



Dewitt B. Tilden Memorial American Legion Post 316

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CHARTERED 1974



HOME POST OF FLORIDA'S FIRST AMERICAN LEGION NATIONAL COMMANDER 2009-2010 - CLARENCE E. HILL

July 2022
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Legion and Auxiliary meetings, second Monday of the month at 8pm.
Post Hours: 8am - midnight Mon -Thurs; 8am - 2am Fri - Sat; 1pm - midnight Sun

Commander's Corner

Happy Independence Day! 246 years and counting.

I am looking forward to my 3rd term as Post Commander and working with everyone this upcoming year. Installation was June 26th, so the 2022-2023 Officers are already in place. If anyone has any ideas for improving your Post, please share them with me. Volunteering your time and ideas are how we get things done. Whether it be assisting with steak nights or projects to improve the Post, please don't hesitate to bring it forward.

Thank you to Denny Luke for his hard work and time during the last two years. It is appreciated.

There are **some positions open** for Post Officers. Please consider stepping up and taking on one of them. If you'd like to volunteer for any of the 3 appointed positions, let me know. I will also be appointing a new House Committee and welcome any volunteers. There are also a number of chairmanships available if anyone is interested in volunteering. They include: Americanism, Baseball, Blood Donor, Boys State, Children & Youth, Disaster Preparedness, Employment, Law & Order, Oratorical, POW/MIA, ROTC/Shooting Sports, School Medals, Scouting, Social Media, Special Olympics and Youth Law Cadet.

Greg White

From the Past Commander

I want to thank everyone who has supported me for these past two years. It was a privilege to stand before you as your Commander. I cherished every moment given to me to represent you, the good folks of Post 316, within the Community, District, Department and National stage. We accomplished many good things for our Post, however there is still a lot this Post needs! I ask that you continue with the endeavors we embarked upon and give Commander White the same level of support as you gave me. Remember this Post is not about one or two people, it is about all of our Post Legion family members. Let us all work together to make this Post great again.

Denny Luke

Executive Committee and General Assembly

- Approved \$200 for food for Installation
- Approved \$600 to repair the air conditioner
- Approved \$4,056 for a new condenser for the beer cooler
- Approved \$4,820 to install new cameras inside and outside the Post
- Approved \$300 for the 5th District Hospitality Room at Convention
- Approved to have Limbaugh Electrical to investigate a possible phase issue-no cost available

We welcome these new members and thank them for choosing Post 316 as their Legion home:

New: Jared S. Daniels, Mark Flores, Daniel Henderson, Jerry A. Lee, David Pfister, Zachary Stephens

Transfers: None

Taps: None

Booster List

The booster list is for members and member's businesses only. **Gold boosters are \$25 annually.** Our Gold Boosters are:

- | | |
|-------------------------------------|--------------------------------------|
| Clarence & Liz Hill 8/22 | In Remembrance USS Stark 2/23 |
| Alison McCann 2/23 | Regan Askwith 4/23 |
| Bob Shellenberger 10/23 | B. W. Pete Wait, III 10/23 |
| Lynn Murray 3/25 | Lance H. Davison 4/25 |
| Penny Swiebel 5/26 | Eddie George 1/27 |

2022-2023 Election Results

The Post election was held on Saturday, May 21, 2022. Elected were: Commander-Greg White; 1st Vice-Clarence Hill; 2nd Vice-Mitchel Harding; 4th Vice-Joey Perez; Chaplain-Joe Nolan; Sergeant-at-Arms-Al Yardley; Finance Officer-Randy Casey (by write-in votes). Vacant are 3rd Vice and Historian. There are 3 appointed positions: Adjutant, Service Officer and Judge Advocate. The Installation of the 2022-2023 Officers was held at 5:00 PM on Sunday, June 26th, by 5th District Vice Commander Miguel Garcia..

Be the One Campaign

The American Legion launched this campaign to encourage American Legion Family members, servicemembers and others **to take action when they believe a veteran is at risk of suicide.** The National Veteran Suicide Prevention Annual Report indicates suicide is the No. 1 issue facing veterans and 17 veterans die by suicide daily, which is more than 6,000 each year. The rate of suicide for veterans is 50% higher than that of non-veteran adults. This campaign will: destigmatize asking for mental health support creating opportunity for those with mental health issues to speak freely and get the support they need; provide peer-to-peer support and resources in local communities; and deploy FDA-approved therapeutics for veterans to identify issues and find resources for support. Those who are not veterans may have family members or friends who are veterans and may be the first to recognize signs that help is needed. This campaign encourages you to Be the One to: ask veterans in your life how they are doing; listen when a veteran needs to talk; reach out when a veteran is struggling; pledge to Be the One at betheone.org by signing up for email updates. If you are a veteran and are feeling stressed, The American Legion encourages you to Be the One to: talk with others about how you are feeling; ask for help when you know you need it; know there are millions of people ready to help you; remember that your family and friends care. You can access the VA resources that are available 24 hours a day, 7 days a week: call 800-273-8255 and press 1, text 838255, or visit the [VA Crisis Line website](http://VACrisisLine.org).

THANK YOU From the Bar

Thank you for all the support you have given to the bar this year. Special thanks to Gary and Donna Wheeler for conducting the Queen of Hearts contest weekly; to Bill Van Patten for all the Sunday food he provided this past year; to our Bingo callers Joan and Suzanne; and to all our cooks-Bea, Joan, Nicole and Robin.

POST 316 IS A FREE WiFi HOTSPOT.

Post Officers

Commander	Greg White
1st Vice Commander	Clarence Hill
2nd Vice Commander	Mitch Harding
3rd Vice Commander	VACANT
4th Vice Commander	Joey Perez
Finance Officer	Randy Casey
Adjutant	Teresa Frank
Chaplain	Joe Nolan
Service Officer	Paul Rastatter
Judge Advocate	VACANT
Historian	VACANT
Sergeant-at-Arms	Al Yardley

House Committee

Chairman: Jim Bright

SAL Officers

Commander	David Keasler
Adjutant	Clarence Hill
1st Vice	Tom Horn
2nd Vice	Kevin Berton
Finance Officer	Clarence Hill
Chaplain	Will Oliphant
Historian	VACANT
Sergeant-at-Arms	Tom Mari

Executive Board

John Tinsley, Thomas Root
Jim Bright, Steve Bartelt
Les Saunders

Legion Riders

Director: John Tinsley

Auxiliary Officers

President	Virna Luke
1st Vice President	Liz Hill
2nd Vice President	Denise Strickland
Secretary	Suzanne Lamonica
Treasurer	TracyLynn Jenkins
Chaplain	Diane Conrad
Historian	VACANT
Sergeant-at-Arms	Kathy Deem
Asst. Sgt-at-Arms	Tammy Knowles
Membership	Suzanne Lamonica

Auxiliary Executive Committee

Brenda Sahioun, Annie Anderson
Montana Jenkins

Club Manager Liz Hill

Legion First Vice Vibes

The 2023 cards are now available and you will be getting your first renewal notice from National this month. If you have time left on your 3-year payment, please ignore this notice. You will receive your 2023 card in the mail this month. **Please Note: We cannot accept credit card payments as Department will not process them for us.** Please pay your dues by check or come in and pay cash.

Please include your branch of service with your renewal payment.

National went to a new system on April 1st.. Please see the Membership Update on page 3. You can create an account by visiting legion.org/renew. You can also register for the Automatic Annual Renewal Program. You can only Pay Up For Life online and the \$100 discount is still in effect. Just go to your account in myLegion.org, search for PUFL offer.

2023 dues are \$40 for ages 59 and younger, \$32 for 60 and older (year-round). Our 3-year renewals are \$100 for 59 and younger and \$90 for 60 and older. **If you pay online to national, you will be charged \$40-national only recognizes our official dues.** You only get discounted rates by paying \$32 or \$35 utilizing the renewal notice.

Clarence Hill

AUXILIARY PRESIDENT'S PROSE

Congratulations to Unit 316 Juniors Zoey and Kadence, who attended Girls State from June 7-15 at FSU in Tallahassee. We read three thank you letters from our Girls State delegates in our meeting on Monday, June 13; it was fantastic to hear of their experience and gratitude of our generosity in sponsoring them.

Installation of Officers for 2022-2023 was on June 26, changes to our Auxiliary Officers: Treasurer TracyLyn Jenkins, Assistant Sft-at-Arms Tammy Knowles, and for Executive Committee: Annie Anderson, Montana Jenkins and Brenda Sahioun. The other positions remained the same: President Virna Luke, 1st Vice Liz Hill, Secretary Suzanne LaMonica, Chaplain Diane Conrad and Sgt-at-Arms Kathy Deem. Suzanne LaMonica will continue to be our Membership Chairman, please direct your questions and concerns related to Auxiliary membership to her, email is suzlamonica@comcast.net. Congratulations to all, and we will work together for the success of our unit and home post.

Thank you to our volunteers for steak nights: Liz, Kadence (Junior), Patricia, Bill (Legion), Annie, Patty, Phyllis and Denise. On the first and third Friday of the month, we host Auxiliary Steak Night. A team of 3-4 is perfect (grill, fryer, take orders/money, deliver food to the table), we appreciate all volunteers, call/text/email, if you can help.

July 2, our Legion Riders have asked for Unit 316 to provide desserts and sides for the Freedom Raffle Drawing event in our Post, dinner starts at 5 pm.

Our next meeting is Monday, July 11 at 8 pm, we look forward to seeing you there. Please do not hesitate to call/email/text, with your questions, concerns, or feedback. Happy Independence Day!

For God Country,

Virna Luke, Socialalr5thFl@gmail.com, 817-791-3583

From the Bar:

Monday-**Men's Night**-7 PM-\$.50 off drinks

Monday-Bingo 6:30—8:30 **Riders serving food-volunteers needed**

Tuesday Bingo 2-4 PM-**volunteers needed**

Tuesday **Trivia** 7 PM. Prizes awarded

Wednesday-**Ladies Night**-7 PM-\$.50 off drinks

Wednesday-**Pass the Trash 7 PM-volunteers needed**

Thursday-Bingo 2-4 PM-**Volunteers needed**

Thursday-**Luck of the Draw Darts**-7 PM

Friday-**Steak Bingo** at 6:15 PM by the 40 & 8

Friday-**Queen of Hearts** drawing 8:00 PM

If you know of any family needing help with food, please let Liz know. Thank you for all your support in 2022.

Lost & Found. If you are missing any item, like cell phones, car keys, etc., please see Liz.

Customer Consideration: Please do not move other customer's drinks, money or property at the bar as this causes issues and accusations. If you want their seat, please ask them or ask the bartender to ask them.

The **Queen of Hearts** contest is conducted every Friday night with the drawing held at 8:00 PM. **You must be present, be a 2022 regular member of a VSO (no associate members can play and no signed-in guests can play) have your membership card on you, & pick the Queen of Hearts to win.**

DO NOT USE Handicap parking spaces for overnight parking.

All kitchen workers (lunches, Friday steak crews, Saturday dinners, Monday meal nights) **are volunteers who depend on tips.** Please remember to tip them.

Monday Bingo is at 6:30 with a progressive lucky ball jackpot. **The Riders serve a variety of different items, so the price varies based on your order.** Tuesday and Thursday Bingo is at 2 PM with a progressive lucky ball jackpot.

Pass the Trash is Wednesday night at 7 PM. Come early to get a seat at the bar. If you would like to deal, please let Liz know.

Red shirt Friday drink specials are served every Friday. **You must be wearing a RED shirt to get the special.**

Wear official NASCAR clothing on Sunday race day and get drink specials.

We ask your cooperation in not bringing in or ordering outside food during times someone is serving food. Remember, they are donating their time and effort to prepare, serve and clean up. **The meals are fund raisers for our various programs. If you do not wish to buy the meal, please eat before you come to the Post or wait until the meal is done. Please do not bring in your own snacks, sodas, water, or any item we sell at the bar at any time.** When ordering food from outside the Post, please be sure to order plates and cutlery if needed. We will be locking the storage room at 6:00 PM nightly and on the weekends.

When you sign in a guest, that guest must leave when you leave.

Steak Bingo is conducted by the 40/8 at 6:15 PM every Friday steak night. Eight games are conducted-7 for steaks and 1 for road kill (ribs).

As a reminder, **the bartenders' priority is serving drinks to customers at the bar and in the line. If you wish to be served, use the waitress station-do not stand at the end of the bar or between people sitting at the bar.** If you want to **redeem or buy a ticket for any machine, you will have to wait until the bartender finishes with drinks. The Post has 72 hours to pay out on the machines and the bartenders cannot pay tickets of \$501 or more, or prior day tickets. You are limited to redeeming \$1,000 a day. If the bartender runs out of money, you may have to return later. The Manager will only redeem tickets Monday through Friday during normal business hours.**

Liz Hill

Legion Riders

Welcome to July, the celebration of our independence and the formation of this great nation. I want to thank everyone that volunteered to hold a Chapter office for the coming year. Our Raffle drawing will be pulled on Saturday Night July 2nd at the Post, if you have tickets to turn in or need more please contact me. Make sure your Hurricane plans and supplies are up to date, as Hurricane season is once again in full swing. We do have a Riders Steak night this month on Friday the 29th, as always we will need a crew to cook, clean and serve. Our next meeting is on Saturday July 2nd at 9 am hope to see you there.

John Tinsley

2nd Vice Reverbs

Please remember those deployed service members and their families.

Mitch Harding

Chaplain's Corner

If you know of any sick or distressed Legionnaires please feel free to contact me at anytime 223-8053.

Joe Nolan

From the House Committee

Jim Bright

Service Officer

Paul Rastatter 215-906-5168

History Tidbit

1940's: September 19-21, 1942, the Preamble to the Constitution is changed for the first time since it was written in 1919. The word "War" was changed to "Wars." December 15, 1943, Past National Commander Harry Colmery starts to write in longhand on Mayflower Hotel stationary in Washington, D.C., the first draft of what would later become the "GI Bill of Rights"—considered the Legion's single greatest legislative achievement. June 22, 1944, President Franklin Roosevelt signs it into law—officially the "Servicemen's Readjustment Act." It is estimated that for every dollar spent on veterans, the U.S. economy got \$7 back. May 29, 1946, the Legion and the Auxiliary present a small, struggling organization called the American Heart Association with a \$50,000 grant which inaugurated a nationwide program for the study, prevention and treatment of rheumatic heart disease.

Cohen Military Family Clinic

Centerstone and the Cohen Veterans Network have partnered to offer targeted behavioral health care for post 9/11 Veterans, National Guardsmen, Reservists, active duty members with a Tricare referral and all military families at the Cohen Military Family Clinic at Centerstone, Jacksonville. Services offered include individual therapy, couples therapy, family therapy, child and adolescent therapeutic services, groups and workshops. All post 9/11 veterans and military family members are eligible for care, regardless of discharge status or combat experience. If an individual has spent one day at basic training, he/she is eligible for their services. Clients also have access to case management services to help with other stresses like unemployment, finances, housing and legal issues. A unique characteristic of service is that clients define their families so services can be provided to family members and others who may not be eligible for VA services. Clients do not require a referral (other than active duty members) and they try to remove every barrier from service, including financial. Staff members fully understand the military experience, as many of them are veterans or military family members themselves. They are committed to providing superior mental health services to the clients who have served the nation. Call 904-431-3500 for an appointment or visit <https://centerstone.org/cohen-military-family-clinic/jacksonville/>.

TRICARE Hoax

A viral social media post promises free baby formula is inaccurate. Alerts have been posted on all TRICARE.mil websites. TRICARE covers formulas and vitamins for enrollees with metabolic disorders, but doesn't cover regular baby formula for otherwise healthy infants, and doesn't ship baby formula to beneficiaries. Parents with children who have a medical need for specialized formulas should work with their pediatrician, primary care manager, or specialist if they can't get the formula they need. Officials are concerned that scammers are preying on parents desperately seeking formula for their infants.

Sons of The American Legion

Congratulations and thank you. The Squadron reached the 104%. Thank you to the June 10th steak team. Our steak night is the 8th this month. **The 2023 SAL Membership cards have not been printed yet due to the paper shortage.** When they are printed, National will mail them directly to the Post. **The dues are the same this year.** When they arrive, I will process the 3-year members and anyone who pays their dues now. Sorry for the delay.

Dues are **\$15 for 20-years and younger and dual members, \$20 for 21 and older. We offer 3-years at \$35 for 20 and younger and dual members, \$50 for 21 and older.** If you pay by mail, your card is mailed out the next day. If you pay in person, it will either be handed to you or be in the box behind the bar.

Our meeting is the 2nd at 1030. This is your SAL, so please attend the meeting. Please consider joining the team. **Elected at the May meeting were:** Commander: David Keaslor; 1st Vice-Tom Horn; 2nd Vice-Kevin Berton; Finance Officer-Clarence Hill; Chaplain-Will Olyphant and Sergeant-at-Arms-Tom Mari. The position of Historian, remains open. We need more members to get involved with SAL activities.

David Keasler

VA is processing claims for six new presumptive conditions related to environmental exposures during military service. They are: bladder cancer, hypothyroidism, Parkinsonism associated with Agent Orange exposure, asthma, rhinitis and sinusitis (to include rhinosinusitis) associated with particulate matter exposure during military service in SW Asia/certain other areas.

VA has also extended the presumptive period for qualifying chronic disabilities resulting from undiagnosed illnesses in Persian Gulf War Veterans to Dec 31, 2026. VA presumes certain medically unexplained illnesses are related to Gulf War service without regard to cause. These include: chronic fatigue syndrome, fibromyalgia, functional gastrointestinal disorders, and undiagnosed illnesses with symptoms that may include but are not limited to: abnormal weight loss, cardiovascular disease, muscle and joint pain, headache, menstrual disorders, neurological and psychological problems, skin conditions, respiratory disorders, and sleep disturbances. A wide variety of symptoms can qualify a Gulf War Veteran for presumptive service-connection. Veterans who are experiencing unexplained medical issues are encouraged to file a claim

Coronavirus (COVID-19) Funeral Assistance

FEMA is providing financial assistance for COVID-19 related funeral expenses incurred after January 20, 2020. **To be eligible, you must meet these conditions:** 1. Death must have occurred in the U.S. 2. The applicant must be a U.S. citizen, non-citizen national or qualified alien. 3. There is no requirement for the deceased person to have been a U.S. citizen, non-citizen national or qualified alien. 4. The death certificate must attribute the death to COVID-19. If the death occurred between Jan 20 and May 16, 2020, and the death certificate doesn't attribute the death to COVID-19, you may submit a signed statement from the medical officer who certified the death certificate, or the local coroner of medical examiner, linking the cause of death to COVID-19. Expenses may include, but are not limited to: transportation to identify the deceased individual; transfer of the remains; a burial plot or cremation niche; a marker or head-stone; clergy or officiant services; cremation or interment costs. You will need to have the following information available when you contact FEMA to apply: your name, SSN, date of birth, mailing address and contact phone number; name, SSN and date of birth of the deceased individual; location or address where the individual died; documentation and receipts for funeral assistance received from other sources, including burial or funeral insurance, donations, other government programs or non-profit organization assistance; the name and above information of up to one co-applicant, if anyone besides you incurred funeral expenses for the deceased individual(s). To apply, call FEMA's COVID-19 Funeral Assistance Helpline at 844-684-6333 from 9 AM to 9 PM ET Monday to Friday. Submit documents online through [DisasterAssistance.gov](https://www.fema.gov/disaster/assistance), or fax to 855-261-3452, or mail to: COVID-19 Funeral Assistance, PO Box 10001, Hyattsville, MD 20782.



Dewitt B. Tilden Memorial
 American Legion Post 316
 1127 Atlantic Boulevard
 Atlantic Beach, FL 32233-2516



July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BEER					1 Chef Salad Aux Steaks 5—8 Steak Bingo 6:30 Queen of Hearts 8	2 Riders Mtg 0900 SAL Mtg 1030
3 RUM	4 Independence Day Bingo 6:30—8:30 Riders Food House Com 6:30 Men's Night 7PM	5 Spaghetti w/ Meat or Clam Sauce Bingo 2:00—4:00 Tap Trivia 7PM	6 Chicken or Beef Quesidilla Ladies' Night 7pm Pass the Trash 7pm	7 Tater Tot Casserole Bingo 2:00—4:00 Luck of Draw Darts	8 Soup & Salad SAL Steaks 5—8 Steak Bingo 6:30 Queen of Hearts 8	9
10 VODKA	11 Meatloaf Bingo 6:30—8:30 Riders Food Men's Night 7PM Mtg Night 8 PM	12 Chicken or Veal Parmesan Bingo 2:00—4:00 Tap Trivia 7PM	13 Ghoulash Ladies' Night 7pm Pass the Trash 7pm	14 Taco Stuffed Peppers Bingo 2:00—4:00 Luck of Draw Darts	15 Shrimp Po Boy Aux Steaks 5—8 Steak Bingo 6:30 Queen of Hearts 8	16 SUBVETS 1100
17 GIN Maintenance Day 1000	18 Fried Chicken Bingo 6:30—8:30 Riders Food Men's Night 7PM	19 Philly Cheesesteak Bingo 2:00—4:00 Tap Trivia 7PM	20 Chicken A La King Ladies' Night 7pm Pass the Trash 7pm	21 Cheesey Taco Casserole Bingo 2:00—4:00 Luck of Draw Darts	22 Turkey or Ham Wrap Legion Steaks Steak Bingo 6:30 Queen of Hearts 8	23
24 BOURBON	25 Chicken & Dumplings Bingo 6:30—8:30 Riders Food Men's Night 7PM	26 Chicken Enchilada Bingo 2:00—4:00 Tap Trivia 7PM	27 Baked Fish Ladies' Night 7pm Pass the Trash 7pm	28 Smothered Pork Chop Bingo 2:00—4:00 Luck of Draw Darts	29 Cold Plate Riders Steaks Steak Bingo 6:30 Queen of Hearts 8	30
31 SCOTCH						