



# Dewitt B. Tilden Memorial American Legion Post 316

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CHARTERED 1974



**HOME POST OF FLORIDA'S FIRST AMERICAN LEGION NATIONAL COMMANDER 2009-2010 - CLARENCE E. HILL**

September 2022  
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*Legion and Auxiliary meetings, second Monday of the month at 8pm.*  
*Post Hours: 8am - midnight Mon -Thurs; 8am - 2am Fri - Sat; 1pm - midnight Sun*

## Commander's Corner

September is here, school is in session and football is underway. The House Committee is planning to begin fence work this month by replacing the gates. Lots of help will be needed. To volunteer, let either myself or House Committee Chairman Jim Bright know, or just come out and help. Further info is on page 3.

We had the first reading of an amendment to our Constitution that deals with quorums at our meetings. We have had too many meetings with no quorums and no work accomplished. There are 5 paragraphs in the amendment. One would reduce the requirement of 10 members for a quorum at an Executive Committee meeting to 2/3 of the offices filled, and another would do the same for a Special Executive Committee meeting. Three paragraphs deal with the Annual Meeting, the General Assembly meeting and any Special General Assembly meeting, and would reduce the requirement of 10 members at these meetings to 7 members. The amendment is posted on the bulletin board. The final vote will be at the September meeting. Please consider attending meetings that business can be conducted and your ideas and opinions can be considered.

Elected Post Officer positions available are 2nd, 3rd and 4th Vice Commanders and Historian. Frank Burke was elected 3rd Vice at the August Meeting. Appointed positions open are Adjutant, Service Officer and Judge Advocate. Please consider attending a meeting and stepping forward. Let me know if you are interested in an appointed position. We could use an Adjutant. Your help and ideas are needed. This is your Post and needs your help, ideas and participation.

Plans have already been formulated for our annual Pearl Harbor Day Golf Tourney which is held the first Saturday in December. Please consider sponsoring a hole for \$50, getting your company to sponsor a hole or forming a team and entering the tournament. Individual registration is \$70, teams are \$280. Your fee includes breakfast, lunch and door prizes.

**Greg White**

## Executive Committee and General Assembly Approved purchasing a defibrillator not to exceed \$1,400

We welcome these new members and thank them for choosing Post 316 as their Legion home:

**New:** July: David Brown, John Bernhard, Jared Daniels, Mark Flores, Jeff Garland, Don Henderson, Jerry Lee, James Patten, David Pfister, Manuel Rodriguez, Zachary Stephens August: Thomas Cates, Daniel Fischer, La'kwannah Lugo

**Transfers:** July: David Gonsolus, John Roddan August: Wilfred Butler, Nicholas Muzio, Brien Van Buskirk

**Taps:** John (Jack) Berry

## Booster List

The booster list is for members and member's businesses only. Gold boosters are \$25 annually. Our Gold Boosters are:

**In Remembrance USS Stark 2/23 Alison McCann 2/23**

Regan Askwith 4/23  
Bob Shellenberger 10/23  
Lynn Murray 3/25  
Penny Swiebel 5/26

Clarence & Liz Hill 8/23  
B. W. Pete Wait, III 10/23  
Lance H. Davison 4/25  
Eddie George 1/27

## Membership Cards

National has greatly revised the membership program this year. No roster was provided, so we had to make our own. There are a lot of issues with what was provided, but our procedure hasn't changed. You will note changes to the renewal notice you receive from National. Please remember, the Post has no control over what National does. Ignore the line that says "Member since 2022"-it is on every renewal notice no matter how long you have been a member. Note that the card they have put on the back of the renewal notice is a sample card so it also has a 1 for continuous years. They have also removed the blanks for updating/providing your email address and phone number. If you are mailing your dues to the Post, feel free to provide that info and your war era/birthday on the back of the renewal notice. The card provides a procedure for paying online. When you do so, make sure you are paying for 2023 unless you are behind and want to catch up your years.

## Be the One Campaign

The American Legion launched this campaign to encourage American Legion Family members, servicemembers and others to take action when they believe a veteran is at risk of suicide. The National Veteran Suicide Prevention Annual Report indicates suicide is the No. 1 issue facing veterans and 17 veterans die by suicide daily, which is more than 6,000 each year. The rate of suicide for veterans is 50% higher than that of non-veteran adults. This campaign will: destigmatize asking for mental health support creating opportunity for those with mental health issues to speak freely and get the support they need; provide peer-to-peer support and resources in local communities; and deploy FDA-approved therapeutics for veterans to identify issues and find resources for support. Those who are not veterans may have family members or friends who are veterans and may be the first to recognize signs that help is needed. This campaign encourages you to Be the One to: ask veterans in your life how they are doing; listen when a veteran needs to talk; reach out when a veteran is struggling; pledge to Be the One at [betheone.org](http://betheone.org) by signing up for email updates. If you are a veteran and are feeling stressed, The American Legion encourages you to Be the One to: talk with others about how you are feeling; ask for help when you know you need it; know there are millions of people ready to help you; remember that your family and friends care. You can access the VA resources that are available 24 hours a day, 7 days a week: call 800-273-8255 and press 1, text 838255, or visit the [VA Crisis Line website](http://VA Crisis Line website).

**POST 316 IS A FREE WiFi HOTSPOT.**

### Post Officers

Commander	Greg White
1st Vice Commander	Clarence Hill
2nd Vice Commander	<b>VACANT</b>
3rd Vice Commander	<b>VACANT</b>
4th Vice Commander	<b>VACANT</b>
Finance Officer	Randy Casey
Adjutant	<b>VACANT</b>
Chaplain	Joe Nolan
Service Officer	<b>VACANT</b>
Judge Advocate	<b>VACANT</b>
Historian	<b>VACANT</b>
Sergeant-at-Arms	Al Yardley

### House Committee

Chairman: Jim Bright

### SAL Officers

Commander	David Keasler
Adjutant	Clarence Hill
1st Vice	Tom Horn
2nd Vice	Kevin Berton
Finance Officer	Clarence Hill
Chaplain	Will Oliphant
Historian	<b>VACANT</b>
Sergeant-at-Arms	Tom Mari

### Executive Board

John Tinsley, Thomas Root  
Jim Bright, Steve Bartelt  
Les Saunders

### Legion Riders

Director: John Tinsley

### Auxiliary Officers

President	Virna Luke
1st Vice President	Liz Hill
2nd Vice President	<b>VACANT</b>
Secretary	Suzanne Lamonica
Treasurer	TracyLynn Jenkins
Chaplain	Diane Conrad
Historian	<b>VACANT</b>
Sergeant-at-Arms	Kathy Deem
Asst. Sgt-at-Arms	Tammy Knowles
Membership	Suzanne Lamonica

### Auxiliary Executive Committee

Brenda Sahioun, Annie Anderson

Montana Jenkins

Club Manager Liz Hill

## **Legion First Vice Vibes**

The PUFL membership cards should have been received by now. The 2023 cards are available, so please pay your dues. Please see the note on the front page about the renewal notice. Please Note: We cannot accept credit card payments as Department will not process them for us. Please pay your dues by check, money order or come in and pay cash.

**National went to a new system on April 1st. You can create an account by visiting [legion.org/renew](http://legion.org/renew).** You can also register for the Automatic Annual Renewal Program. **You can only Pay Up For Life online and the \$100 discount is still in effect.** See Page 3 for details on establishing an account.

**Dues are \$40 for ages 59 and younger (\$35 for Early Bird until Veterans Day), \$32 for 60 and older (year-round).** Our 3-year renewals are \$100 for 59 and younger and \$90 for 60 and older. **If you pay online to national, you will be charged \$40-national only recognizes our official dues.** You only get discounted rates by paying \$32 or \$35 utilizing the renewal notice.

## **Clarence Hill**

### **AUXILIARY PRESIDENT'S PROSE**

Thank you to our wonderful volunteers that helped with our steak nights in August: Liz, Kadence (Junior), Bill (Legion), Fatima and Alison! We have our steak nights for September covered, yeahhhh! If you would like to help, please contact me. We are still needing a 2nd Vice (coordinates steak nights/events), Historian (provides a historical narrative of the happenings and success for this new term), and an Executive Committee member. As mentioned before, Auxiliary 2023 Membership Cards are in! Dues are \$30 for under 60, but Early Bird is \$28 if paid before November 11, 2022, \$25 for over 60 and \$5 for Juniors. Dues can be mailed in or dropped off in the Auxiliary box at the post (next to the front door); for administrative purposes, please write your name, membership number and call back number on the envelope. Contact Suzanne LaMonica (Membership Chairman) to pick up your card(s) and with any questions you may have related to membership. Email Suzanne at [suzlamonica@comcast.net](mailto:suzlamonica@comcast.net).

Auxiliary steak nights are Friday the 2nd and 16th, join us for a fantastic dinner and stay for the entertainment. We continue to collect manufacturer coupons for overseas and military families (up to two months past expiration date). Collect pull pop tabs to help families at Ronald McDonald House. Our next Unit 316 General Meeting is Monday the 12th at 8pm. Please attend, and let's plan some events to support our Veterans, military and their families, children and youth, and our community.

For God Country,

**Virna Luke, Socialalr5thFl@gmail.com, 817-791-3583**

*From the Bar:*

Monday-Men's Night-7 PM-\$.50 off drinks

Monday-Bingo 6:30—8:30 **Riders serving food-volunteers needed**

Tuesday Bingo 2-4 PM-volunteers needed

Tuesday **Tap Trivia** 7 PM

Wednesday-Ladies Night-7 PM-\$.50 off drinks

Wednesday-**Pass the Trash** 7 PM-volunteers needed

Thursday-Bingo 2-4 PM-volunteers needed

Thursday-**Luck of the Draw Darts**-7 PM

Friday-**Steak Bingo** at 6:15 PM by the 40 & 8

Friday-**Queen of Hearts drawing** 8:00 PM volunteers needed

If you know of any family needing help with food, please let Liz know.

Thank you for all your support in 2022.

**Lost & Found.** If you are missing any item, like jackets, cell phones, car keys, etc., please see Liz.

**Customer Consideration:** Please do not move other customer's drinks, money or property at the bar as this causes issues and

accusations. If you want their seat, please ask them or ask the bartender to ask them.

The **Queen of Hearts** contest is conducted every Friday night with the drawing held at 8:00 PM. **You must be present, be a 2022 regular member of a VSO (no associate members can play and no signed-in guests can play) have your membership card on you, & pick the Queen of Hearts to win.**

**DO NOT USE Handicap parking spaces for overnight parking.**

**All kitchen workers (lunches, Friday steak crews, Saturday dinners, Monday meal nights) are volunteers who depend on tips. Please remember to tip them.**

**Monday Bingo** is at 6:30 with a progressive lucky ball jackpot. **The Riders serve a variety of different items, so the price varies based on your order.** Tuesday and Thursday Bingo is at 2 PM with a progressive lucky ball jackpot.

**Pass the Trash** is Wednesday night at 7 PM. Come early to get a seat at the bar. **If you would like to deal, please let Liz know.**

**Red shirt Friday** drink specials are served every Friday. **You must be wearing a RED shirt to get the special.**

**Wear official NASCAR clothing on Sunday race day and get drink specials or official NFL clothing on Sunday game day and get drink specials.**

**We ask your cooperation in not bringing in or ordering outside food during times someone is serving food.** Remember, they are donating their time and effort to prepare, serve and clean up. **The meals are fund raisers for our various programs. If you do not wish to buy the meal, please eat before you come to the Post or wait until the meal is done. Please do not bring in your own snacks, sodas, water, or any item we sell at the bar at any time.** **When ordering food from outside the Post, please be sure to order plates and cutlery if needed. We will be locking the storage room at 6:00 PM nightly and on the weekends.**

When you sign in a guest, that guest must leave when you leave.

**Steak Bingo** is conducted by the 40/8 at 6:15 PM every Friday steak night. Eight games are conducted-7 for steaks and 1 for road kill (ribs).

As a reminder, **the bartenders' priority is serving drinks to customers at the bar and in the line. If you wish to be served, use the waitress station-do not stand at the end of the bar or between people sitting at the bar.** If you want to **redeem or buy a ticket for any machine, you will have to wait until the bartender finishes with drinks. The Post has 72 hours to pay out on the machines and the bartenders cannot pay tickets of \$501 or more, or prior day tickets. You are limited to redeeming \$1,000 a day. If the bartender runs out of money, you may have to return later. The Manager will only redeem tickets Monday through Friday during normal business hours. Seats at the games are for player only. Players are restricted to playing one game at a time.**

**Liz Hill**

## Legion Riders

Well September is finally here, I hope it cuts down on the humidity for a while. **There are two events coming up**, a ride on the 10th for the Veterans Council Suicide Prevention day at the Arena, at 0930 more to come on a starting location. On the 17th the POW/MIA 7 Bridges run, starting at Adamec on Baymeadows, this escorted ride is limited to 250 bikes so sign up online to secure a spot, this ride is to Honor the community associated with the National Memorial at Cecil Field. I want to say Thank You to those members that stepped in during the past month for Monday night food, as always the kitchen can use your help for Monday Nights, we do have a steak night on the 30th. Our next meeting will be on 3 September at 0900 (9am) with a ride to follow weather permitting. Thank you,

**John Tinsley**

## 2nd Vice Reverbs

Please remember those deployed service members and their families.

VACANT

## Chaplain's Corner

If you know of any sick or distressed Legionnaires please feel free to contact me at anytime 223-8053.

**Joe Nolan**

## From the House Committee

The House Committee will meet the 1st of September at 1830. Saturday, September 17th at 1000, the House Committee will be doing outside work, hopefully we can start building the gates for the fence line. Anybody wanting to assist please show up and lend a hand. Thank you in advance.

**Jim Bright**

## Service Officer

VACANT

## History Tidbit

1970s: May 1, 1972—The Legion implements a Halloween safety program for children. It remains the only national program of its kind.

April 1, 1975—The Legion sponsored Freedom Bell goes aboard the Freedom Train during its tour of the country in celebration of the U. S. Bicentennial. Six years later, the Bell is dedicated at its permanent home in Columbus Plaza, opposite Union Station in Washington, D. C.

VACANT

## TRICARE Hoax

A viral social media post promising free baby formula is inaccurate. Alerts have been posted on all TRICARE.mil websites. TRICARE covers formulas and vitamins for enrollees with metabolic disorders, but doesn't cover regular baby formula for otherwise healthy infants, and doesn't ship baby formula to beneficiaries. Parents with children who have a medical need for specialized formulas should work with their pediatrician, primary care manager, or specialist if they can't get the formula they need. Officials are concerned that scammers are preying on parents desperately seeking formula for their infants.

## Online Legion Account

To register in MyLegion.org, [you must have your email attached to your name in the online National roster](#). If it is not in your profile, the account you establish will be a non-Legion account. See 1st Vice Clarence Hill if you are not sure. To establish the account, go to [mylegion.org](#) and select "Register." Enter the email in the [Register window](#) and click next. Then follow the prompts. After you create your password, the email must be verified. The system will send you a one time password (OTP) to verify it. Once your account is established, click on "My Account" and your information will be displayed to you and you can make additions or corrections as needed. With this system, you can print your own replacement cards if you lose yours.

## Gulf War Memorial

Construction of a new monument on the National Mall in D. C. recognizing Gulf War vets began July 14th with the formal ground breaking of the National Desert Storm and Desert Shield Memorial. The new park-like monument will honor vets who served on active duty in support of the two operations. It commemorates the service and sacrifice of military personnel who from 1991-1992 liberated Kuwait from Iraq and defended Saudi Arabia and the Arabian Peninsula from

## Sons of The American Legion

The 2023 SAL Membership cards are in and have been mailed to all who have years left on their 3-year payment. We had to produce a roster for this year as National didn't provide one. So we can record your payment and mail the cards when payment is received. Thank you to the August 12th steak team. Our steak night is the 9th this month. **The dues are the same this year.**

Dues are **\$15 for 20-years and younger and dual members, \$20 for 21 and older. We offer 3-years at \$35 for 20 and younger and dual members, \$50 for 21 and older.** If you pay by mail, your card is mailed out the next day. If you pay in person, it will either be handed to you or be in the box behind the bar.

**Our meeting is the 3rd at 1030.** This is your SAL, so please attend the meeting. Please consider joining the team. We are still looking for a Historian. New faces and new ideas are needed. We need more members to get involved with SAL activities.

## David Keasler

further invasions. Derived from Gulf War vets responses to a five question survey, the monument's design presents the war's historical events along with the unique environmental and battle conditions experienced by the troops who fought it. Survey results concluded that the design should reflect the desert environment, should include a statue of soldiers wearing chemical warfare gear, and should include the war's "left hook" maneuver which cut off supplies and prompted the Iraqi retreat. It will not include the names of those who died in the war. Construction is scheduled to be completed by Veterans Day of 2024.

**VA is processing claims for six new presumptive conditions related to environmental exposures during military service. They are: bladder cancer, hypothyroidism, Parkinsonism associated with Agent Orange exposure, asthma, rhinitis and sinusitis (to include rhinosinusitis) associated with particulate matter exposure during military service in SW Asia/certain other areas.**

**VA has also extended the presumptive period for qualifying chronic disabilities resulting from undiagnosed illnesses in Persian Gulf War Veterans to Dec 31, 2026. VA presumes certain medically unexplained illnesses are related to Gulf War service without regard to cause. These include: chronic fatigue syndrome, fibromyalgia, functional gastrointestinal disorders, and undiagnosed illnesses with symptoms that may include but are not limited to: abnormal weight loss, cardiovascular disease, muscle and joint pain, headache, menstrual disorders, neurological and psychological problems, skin conditions, respiratory disorders, and sleep disturbances. A wide variety of symptoms can qualify a Gulf War Veteran for presumptive service-connection. Veterans who are experiencing unexplained medical issues are encouraged to file a claim**

## PACT Act

The bipartisan Sergeant First Class Heath Robinson Honoring Our Promise to Address Comprehensive Toxics (PACT) Act was signed into law 8/14/22 by President Biden. The law will allow vets to obtain disability compensation for their exposure related injuries without having to prove respiratory illnesses or cancer diagnoses were related to their service-related exposure to open-air burn pits. In the past, the VA stuck to strict scientific evidence before granting presumptive status for illnesses linked to military service, and some 70% of claims were rejected due to lack of evidence. The law will [allow the VA to provide benefits and care to vets suffering from some 23 toxic exposure-related respiratory illnesses and cancers](#) to be phased in over the next 3 years. Vets will also see their VA medical coverage on discharge increase from 5 years to 10 years. 2017 discharged Vets will automatically be increased, while those discharged between 2014 and 2017 may apply for the increase. Vietnam Vets exposed to Agent Orange, presumptive status for monoclonal gammopathy of undetermined significance (MGUS) goes into effect immediately, while high blood pressure benefits won't go into effect until late 2026. There is also funding for the VA to hire more people to process the increase in claims. Info is available at [VA.gov/PACT](#) or by calling 1-800-MyVA411 (1-800-698-2411).



Dewitt B. Tilden Memorial  
 American Legion Post 316  
 1127 Atlantic Boulevard  
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## September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>RUM</b>		<b>Lunch is Served 11:00—1:00 Mon—Fri</b>		1 Pulled Pork Sandwich <b>Bingo 2:00—4:00</b> House Com Mtg 6:30 Luck of Draw Darts 7	2 Chef Salad Aux Steaks 5—8 <b>Steak Bingo 6:30</b> <b>Queen of Hearts 8</b>	3 Riders Mtg 0900 SAL Mtg 1030
4 <b>VODKA</b>	5 <b>Labor Day</b> NO LUNCH Bingo 6:30-8:30 Riders Food Men's Night 7PM	6 Chicken Bruschetta Bingo 2:00—4:00 Tap Trivia 7 PM	7 Swedish Meatballs Ladies' Night 7PM Pass the Trash 7 PM	8 Pot Roast Bingo 2:00—4:00 Luck of Draw Darts 7	9 Ham or Turkey Wrap SAL Steaks <b>Steak Bingo 6:30</b> <b>Queen of Hearts 8</b> Doug Bracey	10  Doug Bracey
11 <b>GIN</b> <b>Grandparents Day</b>  5th District 2 PM Jax Post 88 @ Washington 1pm	12 Chicken Fried Steak Bingo 6:30-8:30 Riders Food Men's Night 7PM Mtg Night 8 PM	13 Spaghetti w/ Meat or Clam Sauce Bingo 2:00—4:00 Tap Trivia 7 PM	14 BLTs & FF Ladies' Night 7PM Pass the Trash 7 PM	15 Smothered Pork Chops Bingo 2:00—4:00 Luck of Draw Darts 7	16 <b>POW/MIA Day</b> <b>American Legion Day</b> Soup & Salad Aux Steaks 5—8 <b>Steak Bingo 6:30</b> <b>Queen of Hearts 8</b> Back Alley Cadillac	17  SUBVETS 1100
18 <b>Air Force B-day</b> <b>BOURBON</b> Maintenance Day Outside 10 AM Colts 1pm	19 Fried Chicken Bingo 6:30-8:30 Riders Food Men's Night 7PM	20 Chicken Enchilada Bingo 2:00—4:00 Tap Trivia 7 PM	21 Ladies' Night 7PM Pass the Trash 7 PM	22 <b>1st Day of Fall</b> Clam Chowder Egg or Tuna Salad Sandwich Bingo 2:00—4:00 Luck of Draw Darts 7	23 Burgers & FF Legion Steaks <b>Steak Bingo 6:30</b> <b>Queen of Hearts 8</b> Doug Bracey	24  Doug Bracey
25 <b>SCOTCH</b> <b>Gold Star Mother's Day</b>  @ Chargers 1pm	26 Chicken & Dumplings Bingo 6:30-8:30 Riders Food Men's Night 7PM	27 Philly Cheesesteaks Bingo 2:00—4:00 Tap Trivia 7 PM	28 Reuben Sandwich Ladies' Night 7PM Pass the Trash 7 PM	29 Meatloaf Bingo 2:00—4:00 Luck of Draw Darts 7	30 Beef-Veggie Soup-Grilled Cheese Riders Steaks <b>Steak Bingo 6:30</b> <b>Queen of Hearts 8</b>	